



**Medical Response Call 0272 780 969**  
**Call 111 in case of emergency**

All riders must register PRIOR to entering trails.  
 All Riders Must wear a HELMET  
 Take a mobile phone, water and a trail map with you.  
 Strictly No riding on Selwyn, Inland and Mission Roads  
 Riding trails not on this map are strictly prohibited  
 Ride within your limits and choose trails carefully

FOREST ROAD		RECYCLING/RUBBISH	
4WD TRACK		UP TRAIL	
MAP STATION		UNDULATING TRAIL	
GREEN TRAIL Beginner		DOWN TRAIL	
BLUE TRAIL Intermediate		FORESTRY GATES	
BLACK TRAIL Advanced		NO RIDING THESE ROADS	

**Signposted Loops**

LOOPS are Signposted to and from the Carpark to make your ride simple and easy to navigate. Just choose your fitness level.

- Green 6km Cruise Fun Starter
- Blue 10km Ride Good Fitness Level & Ability Reqd
- Black 20km Journey Very Good Fitness & Ability Level Reqd

**CARPARK**

